

End of the Year Exercise

by Lady Charmaine Day

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2018 Highlights and Learnings

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| Accomplishments | What I Learned | Next Step |
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What did I do really good this year?

How did my life change for the better this year?

In what area of my life did I grow the most?

What are the most important things I learned about myself?

What am I most proud of that I did this year?

What am I most thankful for this year?

How can I give myself better results in the future?

Is there anything left over from this year that I don't want to take into the next? Yes or No

If Yes, write it down below, declare it complete, and Let It Go and Let God!

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Create Your 2019

*Living without focus is only existing. There are six areas in life you need to focus on a daily basis:*

* *Spiritual: Your spirit, self-image and your relationship with Jesus and your heavenly father Jehovah God*
* *Mental: Managing your mind and what you focus your brain power on*
* *Physical: Disciplining your body which is the temple of God*
* *Productivity: How you use your time in being fruitful and multiplying. This includes: career, employment, extracurricular activities*
* *Financial: How you manage your earthly assets: land, currency and knowledge*
* Social: Managing who you keep in your in your circle of life

What do you want to happen in your life in 2019?

What will your year look like?

The key to success is to have goals, write them out to create a plan, and work the plan.

Looking at the six areas of your life, write your goals for the next twelve months to make you successful in every area. Block out the goals you’d like to start in the first quarter of the year, second, third or fourth.

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| Goal  |  1st Qtr  |  2nd Qtr | 3rd Qtr |  4th Qtr |
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